



Newberg FISH Emergency Service

Friends in Service to Humanity - Newberg's Food Pantry

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June 2015 Newsletter

Shop at Fred Meyer & Benefit FISH

With the Fred Meyer Rewards program, you can earn donations for your favorite nonprofit by shopping with your rewards card. Just link your rewards card to Newberg FISH or YCAP at www.fredmeyer.com/communityrewards ID # 85556 or search for Newberg FISH. Whenever you use your rewards card, you will be helping your favorite nonprofit earn a donation from Fred Meyer. You still receive your rewards points, fuel points and rebates. Fred Meyer awards a total of \$625,000 each quarter to eligible organizations. Non-profits receive quarterly checks.

FISH Has a New Look

Newberg FISH has a new logo and new website!



Pictured: Newberg FISH volunteers Linda Hanson and Mike Tatro, with GFU student Seyerle Braaten in the middle.

George Fox University student (sophomore year) Seyerle Braaten's logo design was selected from several designs in a GFU class project. Great job, Seyerle, and thank you!

And a BIG Thank you to Amanda Greene of Rise & Shine Productions who created a spectacular new website for us.

Check it out at www.Newbergfish.org

Postal Carriers Food Drive a Big Success!

Residents of Newberg provided 11,300 lbs. of food through the Stamp Out Hunger Food Drive on May 9th. That was close to the goal of 12,000 lbs. The drive was sponsored by the National Association of Letter Carriers which returned for its 23rd year.

Local organizer since 1993 and FISH volunteer, Sue Canfield, says that this food drive comes at a good time when food pantries are low. Most food drives take place around Thanksgiving and Christmas, but food is needed all year long to meet community needs. In 2014, 11,000 lbs. of food was collected.

If you would like to donate food or make a cash donation, please drop it off at Newberg FISH, at 125-A S. Elliott St. in Newberg. We are open on Monday, Tuesday and Thursday (plus the 4th Saturday each month) from 9:00 to 1:00. Or call us at (503) 538-4444.



"In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, religion, political beliefs or disability."

Krohn's Appliance held an open house and canned food drive on May 9th. Newberg's Old Fashioned Festival Court came by for a visit.



Pictured: Princess Mikayla Farr, Princess Tiffany Briant and Princess Rayann Reid.

Volunteers Needed for FISH Nutrition Program

Our Nutrition Program is looking for volunteers to work one day a month serving samples of food in our lobby. You must have a food handler's license. Food Handlers cards are easy to obtain through a one-hour online course.

Clients can come into FISH monthly, try samples of food we offer, receive recipes and learn other ways to use healthy foods. Volunteers prepare samples in a certified kitchen at Zion Lutheran Church. They create, and make recipes easy and tasty. If you are interested in volunteering, please call Lori Symank at 503-538-4444.

Volunteer Today!



FISH Awarded \$2000 Grant

On May 20th 2015 Newberg FISH was presented with a \$2000 grant from The Community 101 group at Mountain View Middle School.

Community 101 grants are made possible by collaboration with the PGE foundation, the Trillium Fund and MVMS. Thank you for supporting FISH and the families in our community!

FISH and Ford Leadership Group Host Chehalem Valley Chamber Greeters

On Friday May 22nd the Chehalem Valley Chamber Greeters

came by to check out the new additions to the FISH lobby.



The Ford Leadership

cohort #4 voted to fund and complete a renovation of the FISH reception area! Our project was selected from a large pool of other very worthy community improvement projects in the Newberg area. The Institute recruits 30 volunteers (known as a "cohort") to undergo a year-long leadership training program. The participants receive 40 hours of training and are tasked with selecting, fundraising, and completing a community improvement project. Newberg RDI cohort #4 will complete our project by mid-2015. They are partnering with us to:

1. Install a new reception desk/counter.
2. Install better lighting.
3. Purchase new chairs for the waiting area.
4. Purchase and install new backing for the shelving units.
5. Add a children's waiting area.

The project is coming along and should be completed soon.

MORE WAYS TO HELP...

Bring us your recyclables:

- Drop off your **cardboard, newspapers and glass bottles** at our bins in the lot at 3rd & River Street.
- Bring your **refundable beverage containers** to the FISH building. Be sure to remove caps from plastic water bottles.



Open Monday, Tuesday, Thursday and 4th Saturday

Donations welcome 9:00 AM to 1:00 PM

Food boxes available 10:00 AM to 1:00 PM