

The F.I.S.H. Line

NEWBERG F.I.S.H. EMERGENCY SERVICE
Friends In Service to Humanity – since 1970
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April 2015 Newsletter

Volunteer Spotlight

Charles Hanson

95 years young, Charles has volunteered since his retirement in 1984. He sold his Chevron gas station in Camas



Washington and moved to Newberg in 1991 where he volunteered at Bible Foundation before coming on board with F.I.S.H. 22 years later he is still an important part of our team. Charles volunteers every Tuesday. He is a boxer who fills boxes for our clients. Charles says "It's an important job" and he enjoys helping people".

We are blessed to have such outstanding volunteers like Charles in our community who care and are willing to give their time. Thank you Charles!

The "Cardboard Guys" Receive Volunteer Organization of the Year Award

By the Chehalem Valley Chamber of Commerce at this year's awards banquet



Pictured: Leonard Schorzman, Bill Jackson, Charlie Hancock, Chet Runyon, Larry Renne

Over 20 local Recycling volunteers at Newberg F.I.S.H. have been collecting cardboard, newspapers, glass and pop cans and recycling with proceeds going to F.I.S.H. Volunteers have been recycling for fish for over 40 years. This year they received the Community Volunteer Organization of the Year award. Thank you for all you do for all you do for our community!

New Renovations Almost Complete in F.I.S.H. Reception Area!

Last year the Ford Leadership cohort #4 voted to help FISH fund and complete our reception area renovation project! The project was selected from a large pool of other very worthy community improvement projects in the Newberg area. For those of you who aren't familiar with the Ford Foundation-- the Ford Institute for Community Building (a part of the Roseburg based Ford Family Foundation) works in partnership with the Rural Development Initiative (RDI) to provide leadership development training to rural communities in Oregon and northern California. The Institute recruits 30 volunteers known as a "cohort" to undergo a year-long leadership training program, in which the participants receive 40 hours of training and are tasked with selecting, fundraising, and completing a community improvement project. Newberg RDI cohort #4 selected our project to complete by April 1 of 2015. Their goal was to partner with us to:

1. Install a new reception desk/counter.
2. Install better lighting.
3. Purchase new chairs for the waiting area.
4. Purchase and install new backing for the shelving units.
5. Add a children's waiting area.



"In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, religion, political beliefs or disability."

UPDATE from First Federal



Rosita Seibel, Manager of First Federal Savings & Loan Association in Newberg, presents a check to Beth Wasson of Newberg F.I.S.H.

F.I.S.H. received a check for \$1000.00 from First Federal Customer Ballot box program for 2015. \$40,000 is donated to Yamhill County non-profit organizations according to their customers' votes. Customers received their ballots in January and the deadline was February 28th, 2015.

Thank you First Federal and thank you to all the customers who supported F.I.S.H.

F.I.S.H. Nutritional Program

Clients can come into F.I.S.H. monthly, try samples of food we offer, receive recipes and learn other ways to use healthy foods. Volunteers prepare samples at a certified kitchen at Zion Lutheran Church. They create, and Make recipes easy and tasty. Samples are available every 2 weeks in our lobby.



Volunteer Rhonda Britt

SAVE THE DATE

May 22, 2015 F.I.S.H Open House

Come join us to celebrate our 45th anniversary.
We will be open from 9am to 3pm, enjoy refreshments and check out our updated lobby.

How we Benefit from Community Partnerships

Newberg FISH relies on many different avenues for donations. One of which is the Yamhill Community Action Partnership who provides food, organizational and technical support to a countywide network of Partner Food Agencies including; emergency food box pantries, soup kitchens, group meal sites and a gleaner group.

Our partnership with YCAP includes maximizing our donation money by purchasing some of our food from them. FISH generally pays 14 cents per pound for any non-USDA food from YCAP. This small fee helps cover shipping and handling. We certainly benefit from YCAP and appreciate them greatly. We are very proud of our ability to provide food for those in our community, with the support of YCAP. We work hard to ensure that boxes/meals are healthy and have a variety of food groups including fresh fruits and vegetables, protein, cereals and grains with their help.

In 2013 YCAP distributed 1,250,538 pounds of food to the Yamhill County community.

The food available from YCAP depends on what has been donated to them. Their food donations come from:

- Weekly deliveries from the Oregon Food Bank, the United States Department of Agriculture and other federal food
- Local grocery stores such as Albertsons, Mercado Abastos, Fred Meyer, Roth's IGA, and Walmart
- Farmers Markets
- Local food drives
- Special donations
- Local farmer overstock

MORE WAYS TO HELP...

1. Bring us your recyclables:

-Drop off your **cardboard, newspapers and glass bottles** at our bins in the lot at 3rd & River Street.



-Bring your **refundable beverage containers** to the F.I.S.H. building. Be sure to remove caps from plastic water bottles.

2. Collect and turn in your **Nap's Receipts**.

Nap's Thriftway donates 1% of the total dollar amount reflected on the receipts.



Open Monday, Tuesday and Thursday

Donations welcome 9:00 AM to 1:00 PM

Food boxes available 10:00 AM to 1:00 PM

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